



# Elder Preparedness Resource Sheet

---

## Senior-Specific Information

*AARP – American Association of Retired Persons*

<http://assets.aarp.org/rgcenter/il/better.pdf>

'We Can Do Better: Lessons Learned for Protecting Older Persons in Disasters' is a report presented by the AARP Public Policy Institute. It identifies lessons learned in the aftermath of Hurricanes Katrina and Rita and shares promising practices to better protect older persons in the community and in nursing homes.

*American Red Cross*

<http://www.redcross.org/portal/site/en/menuitem.d8aaecf214c576bf971e4cfe43181aa0/?vgnextoid=1e920c45f663b110VgnVCM10000089f0870aRCRD&vgnextfmt=default>

The American Red Cross provides disaster services to those in need. Their website includes an emergency preparedness section aimed at preparing our nation's seniors.

*Collaborating Agencies Responding to Disasters*

<http://cardcanhelp.org/>

This website features disaster response information for non-profits and community agencies serving individuals who require additional assistance during an emergency. The website includes tools to aid service providers in educating staff and clients on workplace and personal preparedness.

*Department of Health and Human Services Administration on Aging*

<http://www.aoa.gov/AoARoot/Preparedness/index.aspx>

The Administration on Aging is the federal agency that provides programs and services related to aging. Their website offers resources that have been developed specifically to meet the needs of older adults and their caregivers in the event of an emergency or disaster.

*Interagency Coordinating Council on Emergency Preparedness and Individuals with Disabilities - Disability Preparedness*

<http://www.disabilitypreparedness.gov/index.htm>

This website provides resources not only for personal preparedness planning but also for emergency managers, responders, and service & care responders. It also includes a section specific to elders.

*National Organization on Disability*

[http://www.nod.org/research\\_publications/emergency\\_preparedness\\_materials/](http://www.nod.org/research_publications/emergency_preparedness_materials/)

The National Organization on Disability (NOD) is a private, non-profit organization that promotes the full participation of America's 54 million people with disabilities in all aspects of life. This website provides a number of resources regarding emergency preparedness and also shares disaster readiness tips for people with mobility and sensory disabilities.

## General Information

*Centers for Disease Control and Prevention: Emergency Preparedness and You*

<http://emergency.cdc.gov/preparedness/>

Provides information on general emergency preparedness, with a specific focus on public health preparedness and response.

*Citizen Corps*

<http://www.citizencorps.gov/ready/>

Citizen Corps was created to help coordinate volunteer activities that will make our communities safer, stronger, and better prepared to respond to any emergency situation. It provides opportunities for people to participate in a range of measures to make their families, their homes, and their communities safer from the threats of crime, terrorism, and disasters of all kinds.

*Federal Emergency Management Agency: Prepare, Plan, Stay Informed*

<http://www.ready.gov>

Includes downloadable preparedness resources for families and businesses, and a special section on preparedness for elders -- including an instructional video.

*Massachusetts Department of Public Health – Emergency Preparedness Bureau*

<http://www.mass.gov/dph/emergencyprep>

The Emergency Preparedness Bureau coordinates local public health and hospital preparedness efforts state-wide. The site provides information on a wide variety of public health topics including seasonal and pandemic influenza, disaster behavioral health and bioterrorism.

*Massachusetts Emergency Management Agency*

<http://www.mass.gov/mema>

State agency responsible for coordinating federal, state, local, voluntary and private resources during emergencies and disasters in Massachusetts.

*Pandemic Flu*

<http://www.pandemicflu.gov/>

PandemicFlu.gov provides comprehensive government-wide information on pandemic influenza and avian influenza for the general public, health and emergency preparedness professionals, policy makers, government and business leaders, school systems, and local communities.

*Prepare.org*

<http://www.prepare.org/>

This website serves as a clearinghouse for up-to-date preparedness information and resources. It features material not only from the American Red Cross, but also from a variety of government and community organizations focusing on vulnerable populations.